



Nursing Audit: A reality that a professional in the field must face Auditoria en Enfermería. Una realidad a la que debe enfrentarse una profesional del área

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Nursing Audit (NA) would become a tool for the evaluation of the professional performance in Nursing, this audit is a fundamental requirement to understand the Nursing Care Process (NCP), besides that, it allows establishing evaluation criteria regarding the work performance of the service, whether it is a hospital, clinic or health center on which it depends. NA is the cornerstone for the professional practice of nurses, its principles and values guide decision-making and the relationship with patients. It becomes a valuable tool for managing the quality of care, which evaluates the facts with objectives that guarantee the degree of correspondence between the health system and the NCP. With this quality management system in NA, whose role is planned and systematic, carried out by nurses, in order to control the quality and adequacy of care provided to patients who at any given time are in their care, in order to discover and solve problems that face them daily, in this way, will have objectives framed in the NCP, be: (i) to detect deficiencies in the NCP (evidence is required), (ii) to propose corrective actions (to present alternatives), (iii) to improve the planning of the NCP (to generate an instrument that measures its performance), (iv) to improve the administration of Nursing (to establish an organizational chart that establishes standards and methods), (v) to improve care in Nursing (to generate a strategic plan from time to time), (vi) to be an opportunity to enrich undergraduate or graduate programs (to be a method of relating to academia and professional service).

Arguments, which are supported by scientific and academic bases, that would lead to the NCP being planned and systematized, carried out by the nurse, in order to control the quality and suitability of the patient's care, and thus solve a number of important problems that arise, using it as an instrument for the Nursing Quality Audit.

With these criteria, it would be possible to standardize professional performance and management with: i) vital functions chart, ii) hydro electrolyte balance sheet, iii) nursing kardex, iv) criteria for auditing the NCP (content, times, formats, among others). The purpose of health care audit is to detect the correct or real functioning of a given service and to establish corrective measures that stimulate continuous quality improvement. If we talk about quality we must go to the

fundamental and deep in it as being Nursing Audit, who must have evaluation criteria, but without the knowledge based on experience will not be able to perform this function. To audit the nursing sector, it is necessary to have the necessary expertise, because the nursing records will be evaluated and among them the NCP will be evaluated, if what is established by the standard was carried out, hence the use of techniques, methods and instruments that evaluate the NCP, as a reflection, as is nursing in health facilities, from every point of view, from the supervision of the head nurse, supervisors, operational nurse, I always do it this way, the doctor, the new nurse, the contract nurse, the student, the intern, because they have to learn this type of colloquial situations that occur every day, it is not appropriate to do nursing in this way, and let us not confuse experience with the lived experiences learned and inherited, what we want is that they have experience doing what their professional profile has bequeathed.

When you audit, for example, you must identify the quality of a service, a program, the clinical history and see how they are doing, and you must ensure that they are of high quality and that the standards are met, and logically to ensure that they are met we must be constantly updated, we must implement protocols, guidelines and if we have them, they must be evaluated or updated. Often the importance is not given to the nursing records, but the auditors do, because many times when a medical audit is performed in the nursing records information is found that can save the doctor's life, as well as sink him. Through the audit, research actions can be coordinated, since it is necessary to improve our work, our records, our services.

The audit whether internal or external is objective, we work with real facts, documentary, dynamic (systematic analysis evidence-based nursing), planned, confidential, permanent, flexible, participatory in case of internal audit. An audit process as such can generate responsibility either to the Licensed Nurse or to the Nursing Assistant, it can also generate responsibility for the Institution, for the service or for the corresponding department. Auditing is a systematic review, an analytical process that must be carried out, evaluating the degree of compliance and responsibility of each professional. The clinical history or clinical record is like a biography of the patient, which will reflect everything about it, it also helps us to investigate and analyze the NCP that allows us to reflect on our responsibility in the management that assists us.

Conflicts of interest

There are no conflicts of interest.

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Ethical considerations

This has been guided by respecting the authors as a source of scientific information

Collao Mamani Roberto Carlos
Kolping Bolivia
Hospital Corazón de Jesús
Near urbanisation, C.2,3 y 5 s/n,
Zona Villa Jesús del Gran Poder
El Alto, Plurinational State of Bolivia
Tel: +591-68183339
robertocarloscollaomamani23@gmail.com

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